# Our Savior Lutheran Church

# Evangelical Lutheran Church in America

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Our Savior Lutheran Church 1105 W. Fern Ave. McAllen, TX 78501

# Worship with us every Sunday.

Worship on Sundays at 9:30am. . We also invite everyone to worship with us online. You can watch Sunday's service on our Facebook page (Our Savior McAllen—ELCA), and on our YouTube page. (You can find us by searching for 'Our Savior Lutheran Church McAllen'). Please stay tuned for further updates.

#### **Our Savior Lutheran Staff:**

Ministers All People of OSLC Pastor Steve Herzberg Office Manager Vicki Drews Office Admin Vicki Drews Music Director Kenneth Rivens **Pianist** John McLeod Youth Director Dawn Everson Bell Director Connie Laumann

#### **Council Members:**

Lois Breckon
Angelo Ranaudo
Paula Cheever
Sandy Bauer
Blanca Olvera
Angelo Ranaudo
Brian Rutledge
Arnie Fichtenberg
Zane Juncker
Ken Anderson
Mem Fichtenberg

# Submitted by Lois Breckon

I cannot take credit for writing this but am sure glad I found it a few years ago. I hope you find yourself agreeing with a few of the "That" statements!

I've learned...

That life is like a roll of toilet paper. The closer it gets to the end, the faster it goes.

That we should be glad God doesn't give us everything we ask for.

That money doesn't buy class.

That it's those small daily happenings that make life so spectacular.

That under everyone's hard shell is someone who wants to be appreciated and loved.

That to ignore the facts does not change the facts.

That when you plan to get even with someone, you are only letting that person continue to hurt you.

That love, not time, heals all wounds.

That the easiest way for me to grow as a person is to surround myself with people smarter than I am.

That everyone you meet deserves to be greeted with a smile.

That no one is perfect until you fall in love with them.

That life is tough, but I'm tougher.

That opportunities are never lost; someone will take the ones you miss.

That when you harbor bitterness, happiness will dock elsewhere.

That I wish I could have told those I cared about that I love them one more time before they passed away.

That one should keep their words both soft and tender because tomorrow they may have to eat them.

That a smile is an inexpensive way to improve your looks.

That I can't choose how I feel, but I can choose what I do about it.

That everyone wants to live on top of the mountain, but all the happiness and growth occurs while you're climbing it.

That the less time I have to work, the more things I get done.

**Author Anonymous** 

### **SCRIP INFORMATION**

Scrip orders will be placed on 5/19 for delivery on 5/26. You can stop by the office during the week to place your orders or contact Vicki Drews if you have any questions.

#### **FINANCIAL SUMMARY JUNE 2024**

Income for June was \$17,601.28 and was less than planned for by -\$3,022.30. Expenses for June were \$19,244.20 and were less than the planned expenses by -\$1,738.87. June income of \$17,601.28 less June expenses of \$19,244.20 means we took in less money than we spent by -\$1,642.92. The YTD income of \$120,010.67 less the YTD expenses of \$141,048.66 means we currently have a loss of -\$21,037.99. Thank you all for mailing in or dropping off your donations. Your generosity is greatly appreciated!

## Who Is Your Hero?

**F**orty plus years ago in August of 1982 the Boston Red Sox and the White Sox were playing at Fenway Park. It was the fourth inning when the Red Sox second baseman rocked a line drive foul ball over the first base dugout. The ball struck a four-year-old boy in the head. **Jim Rice**, realizing in a flash that it would take EMT's too long to arrive and cut through the crowd, sprang from the dugout, and jumped into the stands, and scooped up the boy. He laid the boy gently on the dugout floor, where the Red Sox medical team began to treat him.

When the boy arrived at the hospital 30 minutes later, doctors said, without a doubt, that Jim Rice's prompt actions saved the boy's life. Jim returned to the game in a blood-stained uniform. After visiting the boy in the hospital, and realizing that the family was of modest means, Jim stopped by the business office and instructed that the bill be sent to him. Rice is quoted as saying, "I've hit home runs, I've driven in runs, but as far as something that stands out, is probably the picture of when I went up into the stands and took the boy who was hit by the foul ball out of the stands." Rice played his entire sixteen years for the Red Sox.

Another story about the deadliest airplane crash happened in August 1987. Northwest Flight 255 after taking off from Detroit Metro Airport, the plane began to break apart, bursting into flames as it hit a railroad and an overpass. There was only one survivor, a four-year-old girl, one tiny miracle. The story has it that she survived because her mom shielded her. Even though the survivor doesn't have any recollection of the crash, she knows that something saved her. "Wrapped in her mom's loving arms!"

Psalm 121: 8 RSV "The Lord will keep your going out and your coming in from this time forth and for evermore."

# Who is your hero? Wise people put God first! God is good all the time! Amen!

EMT's and Firefighters

Doctors and Nurses

Armed Forces

Medical Staff

Lifeguards and Coast Guard

Clergy and Lay Ministers

Sunday School Teachers

Apiarist (Beekeepers)

Educators Farmers

Volunteers for Food Banks, Nomads, Habitat for Humanity, Samaritan's Purse

Submitted by Wanda Nebiolo

# "Hope"

## Paul Harvey's Letter to His Grandchildren (as posted on Facebook)

For my grandchildren, I'd like for them to know about hand-me-down clothes and homemade ice cream and leftover meat loaf sandwiches. I hope you learn humility by being humiliated, and that you learn honesty by being cheated. I hope you learn to make your own bed and mow the lawn and wash the car. And I really hope nobody gives you a brand new car when you are sixteen.

It will be good if at least one time you can see puppies born and your old dog put to sleep. I hope you get a black eye fighting for something you believe in. I hope you will share a bedroom with your younger brother/sister. And it's all right if you must draw a line down the middle of the room, but when he wants to crawl under the covers with you because he is scared, I hope you let him. When you want to see a movie and your little brother/sister wants to tag along, I hope you will let him/her.

I hope you have to walk uphill to school with your friends and that you live in a town where you can do it safely. On rainy days when you must catch a ride, I hope you don't ask your driver to drop you two blocks away, so you won't be seen riding with someone as uncool as your mom. If you want a slingshot, I hope your dad teaches you how to make one instead of buying one. I hope you learn to dig in the dirt and read books. When you learn to use computers, I hope you also learn to add and subtract in your head. I hope you get teased by your friends when you have your first crush and when you talk back to your mother, that you know what ivory soap tastes like.

May you skin your knee climbing a mountain, burn your hand on a stove and stick your tongue on a frozen flagpole. I don't care if you try a beer once, but I hope you don't like it....... And if a friend offers you dope or a joint, I hope you realize they are not your friend. I sure hope you make time to sit on the porch with your grandparents and go fishing with your uncle. May you feel sorrow at a funeral and joy during the holidays. I hope your mother punishes you when you throw a baseball through your neighbor's window and that she hugs you and kisses you at Christmas time when you give her a plaster mold of your hand. These things I wish for you – tough times and disappointment, hard work, and happiness. To me, it's the only way to appreciate life.

Romans 12:12 *Rejoice in your hope, be patient in tribulation, be constant in prayer.*Submitted by *Wanda Nebiolo* 

On June 30th, Pastor's retirement cake says "Retirement is the icing on the cake!"

Even though June and July were slower months they were



still a little busy. June started off at the beginning of the month with a very successful vacation bible school. The children had an opening ceremony and sang songs, They had dinner and snacks, did arts and crafts, and played games outside. On the last night they had a pool party at Pastor

Steve's house.



Also in June Pastor Steve accompanied the campers who went to Camp Chrysalis.

Senior Sunday, June 9th we honored our Senior graduates with a ceremony and a cake. The piecemakers gave Sarah Segal, Jessica Long, and Kailey Kaufman a quilt they had made.



On Father's Day we honored the fathers and gave each of them a candy bar.

In July three of our youth went to the National Youth Gathering in New Orleans and two adults.





# **Exploring New Orleans**





#### The SAD news about nutrition

U.S. medical data present a real paradox: Though we spend more on health care than any other developed country, we are very unhealthy – including shorter life expectancy, the highest obesity rate, and high incidence of diabetes, heart disease and hypertension.

The reasons are complex, but many experts point to the unhealthy "Standard American Diet." With lots of processed foods, saturated fats and refined carbohydrates, the SAD causes more deaths per year than smoking, and half of all heart-disease related deaths.

In other words, the food we eat is killing us. The culprits are the fried foods, the French fries, hamburgers, chips, donuts, prepackaged entrees, breakfast cereals, sugary soft drinks, pizza, candy, meat consumption and freezer-case meals.

The cure for SAD is simple: Eat less of the bad stuff and more fresh vegetables and fruit. When God put Adam and Eve in the Garden of Eden, they were given all sorts of fruits and veggies to eat (Genesis 1:29). So, as you eat more veggies, you can think of it as the Garden of Eden Diet.

August is the ideal time to load up on veggies. The summer harvest brings all the delightfully nutritious foods to your local farm market and grocery store. How healthy is your diet? To learn more, search online for "standard American Diet" and see what the experts have to say.

## --Robert Blezard

Love is felt, Lives are charged.

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**DATED MATERIAL** 





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